



\*Church of the Spirit \*Newsletter\* May 2018\*

Happy Mother's Day! As we celebrate this day we praise and give thanks for all mothers. But you don't have to have given birth to play a motherly role in others lives. You can mother a child of course, but you can also mother adults or even pets. As we humans age it is not uncommon for the roles to reverse. Your aging parent becomes the child and you become the mother giving advice, listening to their concerns and performing acts of love within the framework of everyday needs that your aging parent can no longer accomplish easily or safely. Love is something you can count on something of value. It is something to respect, and something you can employ to calm the turbulent waters of life. Love is the most powerful tool in your spiritual tool box as mothers have known for time in memorial. Mothers, or those in a motherly role, are all-knowing. They know when something is amiss. They know when trouble is coming. Mothers know when turbulence is beginning, when the spiritual waters are churning. They see a storm is forming, and they treat it with love.

How observant are you of the spiritual weather in your life? You know when something isn't right. We've all been there! We say it out loud; something is just off, a little skewed, somewhere there is a storm a-brewin'. What do you do? How do you calm the turbulent waters in your life? Tune in to your Spiritual Weather Channel and assess what is happening. Use the Spiritual Weather Control Button in your life.

We are already, as Chicagoans, all-knowing about the weather in Chicago. It WILL change! We KNOW this. If you employ that same all-knowing philosophy to the spiritual weather in your life, you can predict what is going on and what may be coming, and unlike meteorologists you can change the spiritual weather. We must embrace the attitude of all-knowing. Not just faith. All-knowing. If you do not embrace all-knowing there will be fear. Fear becomes an ever growing, looming wall that is difficult to penetrate. You must be all-knowing that positive energy is working and that all will be well. Just as love is your greatest tool, fear is your greatest enemy. If you don't incorporate meditation in your life, peace will be very difficult to achieve. When life storms threaten, stop, and meditate. Go within and unfold the natural laws. Stay balanced. Do inventory. You are what you think. If you believe it, you are it. You attract what you put out there. What kind of work do you need to do in your life?

The answer to calming the turbulence of life is right there deep within you and you're not alone! Remember that praying is talking to Spirit, meditating is listening. Go within, connect, listen and find peace. Do an inventory of your life. What things do you need to work on? You can predict the spiritual climate just as meteorologists predict the weather. But if you don't like the spiritual weather you can do something about it. Do you just live to complain about your life. Do you feel helpless? Tune in to your Spiritual Weather Channel, assess and adjust your Spiritual Weather Button.

Many Blessings,

Rev Marrison